



# 2026 CLASS SCHEDULE

No classes on Public Holidays or Grading days.

| MONDAY                                                               |                                                                           | TUESDAY                                                |                                                                           | WEDNESDAY                                                   |                                     |
|----------------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------|
| FLOOR 1                                                              | FLOOR 2                                                                   | FLOOR 1                                                | FLOOR 2                                                                   | FLOOR 1                                                     | FLOOR 2                             |
| 4.00 - 4.30pm<br>Wombat Kombat<br>(White and Orange)                 | 4.00 - 4.30pm<br>Wombat Kombat<br>(Green and Above)                       | 4.00 - 4.30pm<br>Wombat Kombat<br>(White and Orange)   | 4.00 - 4.30pm<br>Wombat Kombat<br>(Green and Above)                       | 12.30 - 1.15pm<br>Adult Taekwondo<br>(All Belts - No Dobok) |                                     |
| 4.30 - 5.15pm<br>Junior White / Yellow 1                             | 4.30 - 5.15pm<br>Junior Yellow 2/3                                        | 4.30 - 5.15pm<br>Junior White / Yellow 1               | 4.30 - 5.15pm<br>Junior Yellow 2/3                                        | 4.00 - 4.45pm<br>Junior White / Yellow 1                    | 4.00 - 4.45pm<br>Junior Yellow 2/3  |
| 5.15 - 6.00pm<br>Junior Blue Belts                                   | 5.15 - 6.00pm<br>Junior Red / Black Belts                                 | 5.15 - 6.00pm<br>Junior Blue Belts                     | 5.15 - 6.00pm<br>Patterns/ Board Breaking Class<br>White and Yellow Belts | 4.45 - 5.30pm<br>Junior Red / Black Belts                   | 4.45 - 5.30pm<br>Junior Blue Belts. |
| 6.00 - 6.45pm<br>Foundational Taekwondo<br>Adults (Teens and Adults) | 6.00 - 6.45pm<br>Family Class and Beginner<br>Adults (White /Yellow Only) | 6.00 - 6.45pm<br>Junior Red / Black Belts              |                                                                           | 5.30 - 6.15pm<br>Elite Sport Program:<br>Junior Sparring    |                                     |
| 6.45 - 7.45pm<br>Adult Taekwondo Advanced<br>(Blue, Red and Black)   |                                                                           | 6.45 - 7.45pm<br>Adult Taekwondo<br>(Teens and Adults) |                                                                           | 6.15 - 7.00pm<br>Elite Sport Program: Poomsae               |                                     |
| 7.45 - 8.00pm<br>Free Open Mat                                       |                                                                           | 7.45 - 8.00pm<br>Free Open Mat                         |                                                                           | 7.00 - 8pm<br>Elite Sport Program:<br>Adult Sparring        |                                     |



# 2026 CLASS SCHEDULE

No classes on Public Holidays or Grading days.

| THURSDAY                                                      |                                                                      | FRIDAY                                                             | SATURDAY                                                                 |                                                            |
|---------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------------------------------------------|
| FLOOR 1                                                       | FLOOR 2                                                              | FLOOR 2                                                            | FLOOR 1                                                                  | FLOOR 2                                                    |
| <b>4.00 - 4.30pm</b><br>Wombat Kombat<br>(White and Orange)   | <b>4.00 - 4.30pm</b><br>Wombat Kombat<br>(Green and Above)           | <b>9.30 - 10.30am</b><br>Adult Taekwondo<br>(All Belts - No Dobok) | <b>8.30 - 9.00am</b><br>Wombat Kombat<br>(White and Orange)              | <b>8.30 - 9.00am</b><br>Wombat Kombat<br>(Green and Above) |
| <b>4.30 - 5.15pm</b><br>Junior White / Yellow 1               | <b>4.30 - 5.15pm</b><br>Junior Blue Belts                            |                                                                    | <b>9.00 - 9.45am</b><br>Junior Red / Black Belts                         |                                                            |
| <b>5.15 - 6.00pm</b><br>Junior Yellow 2/3                     | <b>5.15 - 6.00pm</b><br>Pattern / Board Breaking Class<br>Blue Belts |                                                                    | <b>9.45 - 10.30am</b><br>Pattern / Board Breaking<br>Red and Black Belts | <b>9.45 - 10.30am</b><br>Junior Blue Belts                 |
| <b>6.00 - 6.45pm</b><br>Junior Red / Black Belts              |                                                                      |                                                                    | <b>10.30 - 11.15am</b><br>Junior White / Y1                              | <b>10.30 - 11.15am</b><br>Junior Yellow 2/3                |
| <b>6.45 - 7.45pm</b><br>Adult Taekwondo<br>(Teens and Adults) |                                                                      |                                                                    | <b>11.15am - 12.15pm</b><br>Adult Taekwondo<br>(All Belts)               |                                                            |
| <b>7.45 - 8.00pm</b><br>Free Open Mat                         |                                                                      |                                                                    | <b>12.15 - 12.30pm</b><br>Free Open Mat                                  |                                                            |



## SPECIALTY CLASSES (TURNOVER)



# 2026 CLASS SCHEDULE

## SPECIALTY CLASSES

Family Class

MONDAY  
6.00 - 6.45pm  
Family Class: Parents and Kids  
(Ages 7 and above)

Elite Sport Program

WEDNESDAY  
5.30 - 6.15pm  
Sparring (Juniors)

WEDNESDAY  
6.15 - 7.00pm  
Poomsae (All Ages)

WEDNESDAY  
7.00 - 8.00pm  
Sparring (Seniors)

Patterns and Board  
Breaking Classes

TUESDAY  
5.15 - 6.00pm  
White and Yellow Belts

THURSDAY  
5.15 - 6.00pm  
Blue Belts

SATURDAY  
9.45 - 10.30am  
Red and Black Belts